

Happy Nowruz (Persian New Year)!

Eid-e-shoma moborak! (Ayed-eh-show-ma Mo-bar-rak!)

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Joy is celebrating Persian New Year (Nowruz) with his family! Celebrate with him by coloring in the different objects on the "sofreh haft-seen". Read below to see what they all represent.

Each item is numbered in Farsi so you can learn how numbers are written in the Persian language!



- ۱ Sabzeh (Sabzi)-grass that symbolizes rebirth and growth.
- ۲ Sir (See-hr)-garlic that represents health and medicine.
- ۳ Sib (See-b)-apple is for health and beauty.
- ۴ Serkeh (Sere-keh)-vinegar is for long life and patience.
- ۵ Senjed (Sen-jed)-olives are for love and compassion.
- ۶ Sekkeh (Seh-keh)-coins that represent wealth and prosperity.
- ۷ Sombul (Sohm-bowl)-hyacinth flower representing the arrival of spring.